

## COURSE OUTLINE: CUL0150 - CULINARY TECH II

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Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

| Course Code: Title   | CUL0150: CULINARY TECHNIQUES II   |  |
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| Program Number: Name   | 1120: COMMUNITY INTEGRATN   |  |
| Department:  | C.I.C.E.  |  |
| Semesters/Terms:   | 20W   |  |
| Course Description:  | Building on Culinary Techniques I and in preparation for successful employment in todays food service industry, students will broaden their culinary skills at an advanced level focusing upon concepts and techniques of protein, starch and vegetable cookery. Students will observe a series of cooking demonstrations and prepare and execute work plans within the culinary lab that reflect an advanced skill competency.   |  |
| Total Credits:   | 8   |  |
| Hours/Week:  | 8   |  |
| Total Hours:   | 120   |  |
| Prerequisites:   | There are no pre-requisites for this course.  |  |
| Corequisites:  | There are no co-requisites for this course.   |  |
| Essential Employability<br>Skills (EES) addressed in<br>this course: | <ul> <li>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</li> <li>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</li> <li>EES 3 Execute mathematical operations accurately.</li> <li>EES 4 Apply a systematic approach to solve problems.</li> <li>EES 5 Use a variety of thinking skills to anticipate and solve problems.</li> <li>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</li> <li>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</li> <li>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</li> <li>EES 9 Interact with others in groups or teams that contribute to effective working</li> </ul> |  |
|  | <ul> <li>EES 9 Interact with others in groups of teams that contribute to enective working relationships and the achievement of goals.</li> <li>EES 10 Manage the use of time and other resources to complete projects.</li> <li>EES 11 Take responsibility for ones own actions, decisions, and consequences.</li> </ul>   |  |
| Course Evaluation:   | Passing Grade: 50%, D   |  |
| Books and Required<br>Resources:                                     | Professional Cooking for Canadian Chefs by Wayne Gisslen<br>Publisher: Wiley Edition: 9th<br>ISBN: 9781119424727  |  |
| Course Outcomes and  | Upon successful completion of this course, the CICE student, with the assistance of a Learning  |  |
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|  | Course Outcome 1  | Learning Objectives for Course Outcome 1  |
|--|---|---|
|  | 1. Demonstrate the ability to<br>perform tasks individually in<br>a professional, safe, efficient<br>and ecofriendly manner.                                      | <ul> <li>1.1 Employ proper professional uniform, personal hygiene and grooming that meet industry standards.</li> <li>1.2 Produce product quickly and efficiently while maintaining a clean and orderly work station.</li> <li>1.3 Demonstrate the safe and proper use of equipment.</li> <li>1.4 Properly compost organic food waste.</li> <li>1.5 Identify and practice disposal opportunities that are ecofriendly.</li> </ul>   |
|  | Course Outcome 2  | Learning Objectives for Course Outcome 2  |
|  | 2. Identify time management<br>strategies to employ for<br>personal growth and<br>professional learning.  | <ul> <li>2.1 Select and apply time management strategies to achieve established goals.</li> <li>2.2 Write a daily prep list and work plan based on demonstration notes.</li> <li>2.3 Discuss and review constructive feedback for professional growth.</li> </ul>   |
|  | Course Outcome 3  | Learning Objectives for Course Outcome 3  |
|  | 3. Use self-management<br>and interpersonal skills to<br>strengthen performance as<br>an employee to contribute to<br>the success of a food<br>service operation. | <ul> <li>3.1 Demonstrate the ability to work with professionalism under minimal supervision.</li> <li>3.2 Recognize the benefits of equality and cultural diversity in the workplace.</li> <li>3.3 Employ effective interpersonal skills in dealing with co-workers.</li> <li>3.4 Practice restraint and good judgement when confronted with interpersonal conflict.</li> <li>3.5 Show the ability to manage personal stress.</li> <li>3.6 Adapt performance to meet employer expectations of an entry-level cook.</li> </ul> |
|  | Course Outcome 4  | Learning Objectives for Course Outcome 4  |
|  | 4. Apply knowledge of<br>kitchen management<br>techniques to support the<br>responsible use of<br>resources.  | <ul> <li>4.1 Apply knowledge of weights and measures to perform specialized calculations.</li> <li>4.2 Select and safely operate kitchen appliances.</li> <li>4.3 Follow human resource policies and procedures including non-harassment and equity requirements.</li> <li>4.4 Follow industry relevant law and regulations to complete al work.</li> </ul>   |
|  | Course Outcome 5  | Learning Objectives for Course Outcome 5  |
|  | 5. Demonstrate basic and<br>advanced culinary<br>techniques by selecting<br>appropriate ingredients to<br>prepare and present.                                    | <ul> <li>5.1 Apply techniques of basic and advanced food preparation for small quantity cooking.</li> <li>5.2 Use appropriate cooking methods in a variety of applications.</li> <li>5.3 Trim, de-bone and portion meat, fish and poultry.</li> <li>5.4 Reproduce recipes as instructed in demonstrations.</li> <li>5.5 Present food on time with appropriate temperature in a clean and balanced manner.</li> </ul>  |

**Evaluation Process and** 

Evaluation Type Evaluation Weight

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| Grading System:   |   |  |
|---|---|--|
|   | Labs - Skill Assessment 75%   |  |
|   | Practical Exam 25%  |  |
| CICE Modifications:   | Preparation and Participation   |  |
|   | <ol> <li>A Learning Specialist will attend class with the student(s) to assist with inclusion in the class<br/>and to take notes.</li> <li>Students will receive support in and outside of the classroom (i.e. tutoring, assistance with<br/>homework and assignments, preparation for exams, tests and quizzes.)</li> <li>Study notes will be geared to test content and style which will match with modified learning<br/>outcomes.</li> <li>Although the Learning Specialist may not attend all classes with the student(s), support will<br/>always be available. When the Learning Specialist does attend classes he/she will remain as<br/>inconspicuous as possible.</li> <li>Further modifications may be required as needed as the semester progresses based on<br/>individual student(s) abilities and must be discussed with and agreed upon by the instructor.</li> </ol> |  |
|   | B. Tests may be modified in the following ways:   |  |
|   | <ol> <li>Tests, which require essay answers, may be modified to short answers.</li> <li>Short answer questions may be changed to multiple choice or the question may be simplified<br/>so the answer will reflect a basic understanding.</li> <li>Tests, which use fill in the blank format, may be modified to include a few choices for each<br/>question, or a list of choices for all questions. This will allow the student to match or use visual<br/>clues.</li> <li>Tests in the T/F or multiple choice format may be modified by rewording or clarifying<br/>statements into layman's or simplified terms. Multiple choice questions may have a reduced<br/>number of choices.</li> </ol>  |  |
|   | C. Tests will be written in CICE office with assistance from a Learning Specialist.   |  |
|   | The Learning Specialist may:  |  |
|   | <ol> <li>Read the test question to the student.</li> <li>Paraphrase the test question without revealing any key words or definitions.</li> <li>Transcribe the student's verbal answer.</li> <li>Test length may be reduced and time allowed to complete test may be increased.</li> </ol>   |  |
|   | D. Assignments may be modified in the following ways:   |  |
|   | <ol> <li>Assignments may be modified by reducing the amount of information required while<br/>maintaining general concepts.</li> <li>Some assignments may be eliminated depending on the number of assignments required in<br/>the particular course.</li> </ol>  |  |
|   | The Learning Specialist may:  |  |
|   | <ol> <li>Use a question/answer format instead of essay/research format</li> <li>Propose a reduction in the number of references required for an assignment</li> <li>Assist with groups to ensure that student comprehends his/her role within the group</li> <li>Require an extension on due dates due to the fact that some students may require additional time to process information</li> </ol>   |  |
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|           | <ol> <li>Formally summarize articles and assigned readings to isolate main points for the student</li> <li>Use questioning techniques and paraphrasing to assist in student comprehension of an<br/>assignment</li> </ol> |
|-----------|---|
|           | E. Evaluation:  |
|           | Is reflective of modified learning outcomes.  |
|           | <b>NOTE:</b> Due to the possibility of documented medical issues, CICE students may require alternate methods of evaluation to be able to acquire and demonstrate the modified learning outcomes                          |
| Date:     | July 14, 2019   |
| Addendum: | Please refer to the course outline addendum on the Learning Management System for further information.  |

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